



**RULES OF THE FIS ALPINE POINTS
REGLEMENT DER ALPINEN FIS PUNKTE
REGLEMENT DES POINTS FIS ALPINES**

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Valid as from the season 2009/10

Key points extracted from Rules

1.4 Competitions for Juniors

At FIS Calendar competitions for juniors (NJR or JUN) seniors are not allowed to participate. Exception: National Junior Championships

1.6 National Junior Race (NJR)

Every NSA will have a fix quota for all NJR competitions depending on its FIS Quota according to the following calculation:

FIS Quota	NJR Quota
10 – 9	5
8 – 7	4
6 – 5	3
Up to 4	2

The Organizing Nation is allowed to start with a maximum of 115 competitors. If there are less than 25 foreign competitors on entered or the Organizing Nation doesn't apply to the 115 competitor's quota, the normal FIS quota can be applied taking into consideration the total number of 140 as maximum number of competitors. At Ladies' competitions this precision will be applied only if more than 140 competitors have been entered.

9. Quotas

9.1.5 Basic Quota for the Organizing Ski Association

The basic quota for the organizing ski association is in all cases 50, with the possibility of filling up to a maximum of 140. If by respecting the authorised national quotas and the basic quotas of the organising nations the number reaches more than 140, this is permissible. If the number of competitors does not reach 140, the organising National Ski Association may fill to the maximum of 140 competitors with its own competitors.

9.2 Quota Rule for Ladies

The quota rule for ladies will be used when more than 140 competitors are entered.

9.4 Double Quotas for Host Nations

As long as both nations concerned are in agreement, the nation in whose country the race is taking place may have a double quota. Higher quotas than this must be proposed by the time of the autumn meeting (Southern Hemisphere: spring meeting).

9.8 Participation in FIS Competitions

9.8.2 For all alpine competitions the number of competitors should not exceed 140. If by respecting the authorised national quotas and the basic quotas of the organising nations the number reaches more than 140, this is permissible. If the number of competitors does not reach 140, the organising National Ski Association may fill to the maximum of 140 competitors with its own competitors.